



# Visualize • Recognize • Capitalize Sports Psychology Performance Consulting Group, P.L.L.C.

## **Sport Experience Training Agreement**

### **Parties**

This agreement is intended to define the relationship between the mentor: Reginald Younger Jr. MA CC-AASP #466, the training placement organization, and the individual completing their sport psychology training hours. The organization may have supplemental contractual materials that are required for their specific placement and training needs. The training agreement must be completed by all parties during the first month of practicum placement. The contact person at the training site must have contact with the mentor within the first 60 days of the training experience. The contact person is also encouraged to contact the mentor with any questions or concerns about the training arrangement or the performance of the individual in training.

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Individual in Training's Printed Name

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Training Site Contact Person's Printed Name

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Placement Organization's Printed Name

### **Responsibilities of the Parties**

Nothing in this agreement is intended to circumvent or otherwise limit the usual responsibilities or liabilities of any of the parties. It is required that the individual in training carry their own liability insurance, a copy must be provided to the mentor within the first month of their training. The individual in training will be responsible for any malpractice suits, and Reginald Younger Jr., MA CC-AASP #466 will not be held liable. It is also required that they inform athletes with whom they work that they are under supervision, and they should explain how to contact their mentor if concerns should arise. The individual in training must receive a signed form indicating



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consent for each athlete before completing any interventions. These consent forms should be stored at the training site. In an emergency, the individual in training should contact the mentor who will provide immediate consultation to the student.

## **Training Expectations**

Individuals in training are expected to gain skills in performance enhancement. Performance enhancement services may include goal setting, imagery, team building, motivation, arousal regulation methods, etc. Individuals in training are encouraged to attend as many practices and games as possible over the course of the season, where applicable. To fulfill these goals, students should have adequate workspace, access to athletes, and opportunities to audiotape or videotape service delivery to athletes or organizations. The students must be able to perform interventions, rather than just observe the team and speak casually with the athletes.

## **Duration of Training**

The individual in training is required to provide services and receive training for a minimum of 400 total hours. However, they are expected to complete the season with the team and athletes, even if they finish their hours before the end of the season.

## **Training Stipends**

Organizations are not expected to provide stipends to individuals in training. If organizations wish to provide stipends or reimbursements, then stipend pay must be differentiated from professional wages or salaries. Individuals in training may not be full-time or part-time employees of their training organizations. Organizations may hire individuals in training only after the completion of their practicum training.

## **Mentorship and Organizational Conflicts**

If there is a conflict between the site contact person and the individual in training, then the mentor should be informed. Every effort will be made to resolve the conflict through constructive dialogue. Removing an individual in training from the training site is generally the last option. The individual in training will not change or leave training sites without the approval of the mentor.

## **Trainee Documentation**

The individual in training shall complete a monthly log of their training house, which shall be signed by the site contact person and submitted to the mentor monthly. The log describes



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allocation of training hours into direct and indirect training services. Individuals in training must complete at least 100 of their 400 minimum hours in direct services to athletes or organizations.

## **Behavioral Evaluation**

The mentor should visit the training site two times per year. The mentor will evaluate the adequacy of the training and the progress of the individual in training at the organization. If the individual in training is not making adequate progress in their training, the site contact person should inform the mentor.

## **Remediation and Dismissal**

The mentor, in consultation with the training site contact person, may determine that the individual in training has not satisfactorily completed the training experience. Unethical or unprofessional behaviors, impaired performance, and inadequate documentation are examples of grounds for remediation or disciplinary action. The results will be managed on a case by case basis, but could involve the mentor choosing not to complete a satisfactory reference for AASP certification.

## **Termination of the Agreement**

An individual in training may be terminated from their training placement if they do not uphold their requirements of their mentorship contract. In that case, the mentor will contact the training site and make every effort to protect the welfare of the individuals in the affected organization.

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Individual in Training's Signature and Date

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Training Site Contact Person's Signature and Date

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Mentor Signature and Date