



Informed Consent

Your Sport Psychology Consultant is receiving training that will help him/her obtain a certification as a Sport Psychology Consultant through the Association of Applied Sport Psychology (AASP). As such, he/she is currently being supervised by Reginald Younger Jr, MA. , CC-AASP #466. For the purposes of his/her supervision, his/her sport psychology skills will be evaluated. As such, it is important for his/her training that he/she discuss actual learning situations with his/her mentor so that he/she can improve his/her skills. You and your team may benefit from the experience of having the added knowledge of a supervisor who is a Certified Consultant through AASP. It is appreciated that you are assisting the individual in training to develop his/her sport psychology skills.

I, _____, consent to participate in the team and/or individual interventions (or allow my son/daughter to participate) with the individual in training. I understand that he/she is consulting with a mentor regarding the interventions. I understand that information in which I (or my child) may share with the individual in training may be used for training purposes. I voluntarily consent to having sessions of me (or my child) audio taped or videotaped for the purposes of training, supervision, and education. These purposes may include intervention instruction, mentorship, consultation, trainee skill assessment, or model assessment procedures. Any written material used for training purposes will use disguised information so that you, or your family members, could not be personally identified.

Any intervention information or other personal information will be kept completely confidential. In Arizona and other state in the United States, the exceptions to client confidentiality are disclosures of child maltreatment, elder abuse, imminent danger to oneself, and imminent danger to others when otherwise legally required. Audio or videotapes of interventions or consultation activities will be destroyed after the training experience is completed. Training records, or other information, cannot be shared outside of the training setting without your explicit written consent. You may withdrawal your consent at any time.

If you have questions or concerns about these informed consent procedures, or about the intervention services that you will be receiving, you may contact Reginald Younger Jr., MA CC-AASP #466 at (480) 282- 2497 or reggie@vrcsportsperformance.com.

Printed Name of Athlete or Parental Guardian

Signature of Athlete or Parental Guardian and Date

Printed Name of Sports Psychology Consultant Reggie Younger CC AASP # 466

Signature of Sports Psychology Consultant Reggie Younger CC AASP # 466



(480) 282-2497

<https://vrcsportspsychologyperformancegroup.com>